


April 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>HAPPY BIRTHDAY!</p> <p>Dottie Smith 4-04</p> <p>Diane Vaughn 4-08</p> <p>Sherry Fournier 4-19</p> <p>Mary Chitwood 4-30</p>	<p>8:00-3:00 Gym on your own. 1</p> <p>09:30-10:15 Coffee & Socializing</p> <p>10:30-11:30- Bean Bag Base Ball</p> <p>11:30-12:00 Lunch</p> <p>12:30-1:00 Cards/Games/Wii/Puzzles/Fitness/Ping Pong/Shuffle Board/Gym/Billiards</p>	<p>8:00-3:00 Gym on your own. 2</p> <p>09:30-10:15 Coffee & Socializing</p> <p>10:30-11:30</p> <div style="text-align: center;">  </div> <p>11:30-12:15 Lunch</p> <p>12:30-1:00 Senior Fitness/Wii</p>	<p>8:00-3:00 Gym on your own. 3</p> <p>09:30-10:15 Coffee & Socializing</p> <p>10:00-11:00 Devotion (Optional) with Mr. McDuffie</p> <p>11:30-12:15 Lunch</p> <p>12:30-1:00 Senior Fitness/Wii</p>	<p>9:00-1:00 Gym on your own. 4</p> <p style="background-color: yellow;">FRIEND-DAY FRIDAY</p> <p style="background-color: green; color: white; text-align: center;">Drive-In</p> <p>09:00-1:00 Cards/Games/Wii/Puzzles/Fitness/Ping Pong/Shuffleboard/Gym/Billiards</p>
<p>8:00-3:00 Gym on your own. 7</p> <p style="background-color: yellow;">FUNDAY MONDAY</p> <p>09:30-11:15 Coffee & Socializing Cards/Games/Wii/Puzzles/Fitness</p> <p>10am-11am Tai Chi w/ Ms. Whitmire</p> <p>11:30-12:15 Lunch</p> <p>12:30-1:00 Cards/Games/Wii/Puzzles/Fitness/Ping Pong/Shuffle Board/Gym/Billiards</p>	<p>8:00-3:00 Gym on your own. 8</p> <p>09:30-10:15 Coffee & Socializing</p> <p>10:30-11:30 Craft time/Wanda @ St. Mary's Hospice</p> <p>11:30-12:00 Lunch</p> <p>12:30-1:00 Cards/Games/Wii/Puzzles/Fitness/Ping Pong/Shuffle Board/Gym/Billiards</p>	<p>8:00-3:00 Gym on your own. 9</p> <div style="text-align: center;">  <p>Hosted by Banks Co. Sheriff's Department</p> </div>	<p>8:00-3:00 Gym on your own. 10</p> <p>09:30-10:15 Coffee & Socializing</p> <p>10:00-11:00 Devotion (Optional) with Mr. McDuffie</p> <p>11:30-12:15 Lunch</p> <p>12:30-1:00 Senior Fitness/Wii</p>	<p>9:00-1:00 Gym on your own. 11</p> <p style="background-color: yellow;">FRIEND-DAY FRIDAY</p> <p style="background-color: green; color: white; text-align: center;">Drive-In</p> <p>09:00-1:00 Cards/Games/Wii/Puzzles/Fitness/Ping Pong/Shuffleboard/Gym/Billiards</p>
<p>8:00-3:00 Gym on your own. 14</p> <p style="background-color: yellow;">FUNDAY MONDAY</p> <p>09:30-11:15 Coffee & Socializing Cards/Games/Wii/Puzzles/Fitness</p> <p>10am-11am Tai Chi w/ Ms. Whitmire</p> <p>11:30-12:15 Lunch</p> <p>12:30-1:00 Cards/Games/Wii/Puzzles/Fitness/Ping Pong/Shuffle Board/Gym/Billiards</p>	<p>8:00-3:00 Gym on your own. 15</p> <p>09:30-10:15 Coffee & Socializing</p> <p>10:30-11:30 Exercise w/Dr. Brooke</p> <p>11:30-12:00 Lunch</p> <p>12:30-1:00 Cards/Games/Wii/Puzzles/Fitness/Ping Pong/Shuffle Board/Gym/Billiards</p>	<p style="text-align: center; background-color: green; color: black; font-weight: bold; padding: 5px;">OUT TO EAT</p> <p style="text-align: center; font-weight: bold; padding: 5px;">MELLOW MUSHROOM GAINESVILLE LEAVING HERE PROMPTLY @ 10:15</p>	<p>8:00-3:00 Gym on your own. 17</p> <p>09:30-10:15 Coffee & Socializing</p> <p>10:00-11:00 Devotion (Optional) with Mr. McDuffie</p> <p>11:30-12:15 Lunch</p> <p>12:30-1:00 Senior Fitness/Wii</p> <p style="background-color: green; color: white; padding: 2px;">12:00 St. Mary's Hospice/Home Health Vital Signs</p>	<p style="background-color: yellow; font-weight: bold; padding: 5px;">Center is Closed 18</p> <div style="text-align: center;">  </div>

8:00-3:00 Gym on your own. 21

FUNDAY MONDAY

09:30-11:15 Coffee & Socializing
Cards/Games/Wii/Puzzles/Fitness

10am-11am Tai Chi w/ Ms. Whitmire

11:30-12:15 Lunch

12:30-1:00 Cards/Games/Wii/
Puzzles/Fitness/Ping Pong/Shuffle
Board/Gym/Billiards

8:00-3:00 Gym on your own. 22

09:30-10:15 Coffee &
Socializing

10:00-11:00 Gail Jones

Gospel Singing



11:30-12:15 Lunch

12:30-1:00 Cards/Games/Wii/
Puzzles/Fitness

8:00-3:00 Gym on your own. 23

09:30-11:15 Coffee & Socializing
Cards/Games/Wii/Puzzles/Fitness

10:00 Tonya Bolton/MedLink

11:30-12:15 Lunch

12:30-1:00 Cards/Games/Wii/
Puzzles/Fitness/Ping Pong/Shuffle
Board/Gym/Billiards

8:00-3:00 Gym on your own. 24

09:30-10:15 Coffee &
Socializing

10:00-11:00 Devotion

(Optional) with Mr. McDuffie

11:30-12:15 Lunch

12:30-1:00 Senior Fitness/Wii

9:00-1:00 Gym on your own. 25

FRIEND-DAY FRIDAY

Drive-In

09:00-1:00 Cards/Games/Wii/
Puzzles/Fitness/Ping
Pong/Shuffleboard/Gym/Billiards

8:00-3:00 Gym on your own. 28

FUNDAY MONDAY

09:30-11:15 Coffee & Socializing
Cards/Games/Wii/Puzzles/Fitness

10am-11am Tai Chi w/ Ms. Whitmire

11:30-12:15 Lunch

12:30-1:00 Cards/Games/Wii/
Puzzles/Fitness/Ping Pong/Shuffle
Board/Gym/Billiards

8:00-3:00 Gym on your own. 29

09:30-10:15 Coffee & Socializing

10:30-11:30- Bean Bag Base

Ball

11:30-12:00 Lunch

12:30-1:00 Cards/Games/Wii/
Puzzles/Fitness/Ping Pong/Shuffle
Board/Gym/Billiards

30

BLUE RIDGE TRAIN TRIP

