

December 2024

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

8:00-3:00 Gym on your own. **2**

FUNDAY MONDAY

09:30-11:15 Coffee & Socializing

10am-11am Tai Chi w/ Ms.

Whitmire

11:30-12:15 Lunch

12:30-1:00 Cards/Games/Wii/
Puzzles/Fitness/Ping Pong/Shuffle
Board/Gym/Billiards

8:00-3:00 Gym on your own. **3**

09:30-11:15 Coffee & Socializing
Cards/Games/Wii/Puzzles/Fitness

10:00 Christmas Movie/PJ Day

11:30-12:15 Lunch

12:30-1:00 Cards/Games/Wii/
Puzzles/Fitness/Ping Pong/Shuffle
Board/Gym/Billiards

8:00-3:00 Gym on your own. **4**

09:30-11:15 Coffee & Socializing
Cards/Games/Wii/Puzzles/Fitness

**10:00 Elliott with GA Hospice
Care Holiday Craft**

11:30-12:15 Lunch

**12:15-Walking Our Way to the
Holidays w/Ms. Suzie**

8:00-3:00 Gym on your own. **5**

09:30-10:15 Coffee &
Socializing

**10:00-11:00 Devotion
(Optional) with Mr. McDuffie**

11:30-12:15 Lunch

12:30-1:00 Senior Fitness/Wii

9:00-1:00 Gym on your own. **6**

FRIEND-DAY FRIDAY

Drive-In

09:00-1:00 Cards/Games/Wii/
Puzzles/Fitness/Ping
Pong/Shuffleboard/Gym/Billiards

8:00-3:00 Gym on your own. **9**

FUNDAY MONDAY

09:30-11:15 Coffee & Socializing

10am-11am Tai Chi w/ Ms.

Whitmire

11:30-12:15 Lunch

**12:15-Walking Our Way to
the Holidays w/Ms. Suzie**

8:00-3:00 Gym on your own. **10**

09:30-11:15 Coffee & Socializing
Cards/Games/Wii/Puzzles/Fitness

10:00 Tonya Bolton/MedLink

11:30-12:15 Lunch

12:30-1:00 Cards/Games/Wii/
Puzzles/Fitness/Ping Pong/Shuffle
Board/Gym/Billiards

8:00-3:00 Gym on your own. **11**

09:30-10:15 Coffee & Socializing
10:30-11:30



11:30-12:15 Lunch

12:30-1:00 Senior Fitness/Wii

8:00-3:00 Gym on your own. **12**

Leaving Center at 9am

Hamrick's Christmas Bus Week

9:00-1:00 Gym on your own. **13**

FRIEND-DAY FRIDAY

Drive-In

09:00-1:00 Cards/Games/Wii/
Puzzles/Fitness/Ping
Pong/Shuffleboard/Gym/Billiards

8:00-3:00 Gym on your own. **16**

FUNDAY MONDAY

09:30-11:15 Coffee & Socializing

10am-11am Tai Chi w/ Ms.

Whitmire

11:30-12:15 Lunch

12:30-1:00 Cards/Games/Wii/
Puzzles/Fitness/Ping Pong/Shuffle
Board/Gym/Billiards

8:00-3:00 Gym on your own. **17**

09:30-10:15 Coffee &
Socializing

10:30-11:30 **Exercise w/Dr.**

Brooke

11:30-12:00 Lunch

12:30-1:00 Cards/Games/Wii/
Puzzles/Fitness/Ping Pong/Shuffle
Board/Gym/Billiards

10:00-1:00 **18**

Christmas Celebration



Pajama Day/White Elephant

*****RSVP by Dec. 12th if you
plan to eat today*****

8:00-3:00 Gym on your own. **19**

09:30-10:15 Coffee &
Socializing

**10:00-11:00 Devotion
(Optional) with Mr. McDuffie**

11:30-12:15 Lunch

**12:15- Walking Our Way to
the Holidays w/Ms. Suzie**

9:00-1:00 Gym on your own. **20**

FRIEND-DAY FRIDAY

Drive-In

09:00-1:00 Cards/Games/Wii/
Puzzles/Fitness/Ping
Pong/Shuffleboard/Gym/Billiards

8:00-3:00 Gym on your own. 23

FUNDAY MONDAY

09:30-11:15 Coffee & Socializing

10am-11am Tai Chi w/ Ms.

Whitmire

11:30-12:15 **Lunch W/**

Charity Baptist Church

12:30-1:00 Cards/Games/Wii/
Puzzles/Fitness/Ping Pong/Shuffle
Board/Gym/Billiards

24

Center is Closed

25

Center is Closed



26

Center is Closed

9:00-1:00 Gym on your own. 27

FRIEND-DAY FRIDAY

Drive-In

09:00-1:00 Cards/Games/Wii/
Puzzles/Fitness/Ping
Pong/Shuffleboard/Gym/Billiards

8:00-3:00 Gym on your own. 30

FUNDAY MONDAY

09:30-11:15 Coffee & Socializing

10am-11am Tai Chi w/ Ms.

Whitmire

11:30-12:15 Lunch

12:30-1:00 Cards/Games/Wii/
Puzzles/Fitness/Ping Pong/Shuffle
Board/Gym/Billiards

8:00-3:00 Gym on your own. 31

09:30-10:15 Coffee & Socializing

10:00-11:00 Gail Jones Gospel

Singing



11:30-12:15 Lunch

12:30-1:00 Cards/Games/Wii/
Puzzles/Fitness

HAPPY BIRTHDAY!

Gail Jones 12-6

Sandra Kanies 12-24