
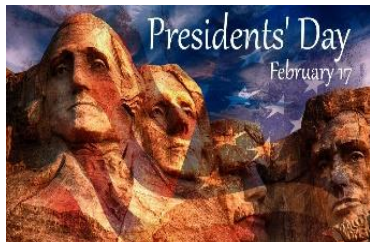



February 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>8:00-3:00 Gym on your own. 3</p> <p>FUNDAY MONDAY</p> <p>09:30-11:15 Coffee & Socializing Cards/Games/Wii/Puzzles/Fitness</p> <p>10am-11am Tai Chi w/ Ms. Whitmire</p> <p>11:30-12:15 Lunch</p> <p>12:30-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffle Board/Gym/Billiards</p>	<p>8:00-3:00 Gym on your own. 4</p> <p>8:00-3:00 Gym on your own.</p> <p>09:30-10:15 Coffee & Socializing</p> <p>10:30-11:30 Senior Fitness</p> <p>11:30-12:00 Lunch</p> <p>12:30-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffle Board/Gym/Billiards</p>	<p>8:00-3:00 Gym on your own. 5</p> <p>09:30-11:15 Coffee & Socializing Cards/Games/Wii/Puzzles/Fitness</p> <p>10:00 Tonya Bolton/MedLink</p> <p>11:30-12:15 Lunch</p> <p>12:30-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffle Board/Gym/Billiards</p>	<p>8:00-3:00 Gym on your own. 6</p> <p>09:30-10:15 Coffee & Socializing</p> <p>10:00-11:00 Devotion (Optional) with Mr. McDuffie</p> <p>11:30-12:15 Lunch</p> <p>12:30-1:00 Senior Fitness/Wii</p>	<p>9:00-1:00 Gym on your own. 7</p> <p>FRIEND-DAY FRIDAY</p> <p>Drive-In</p> <p>09:00-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffleboard/Gym/Billiards</p>
<p>8:00-3:00 Gym on your own. 10</p> <p>FUNDAY MONDAY</p> <p>09:30-11:15 Coffee & Socializing Cards/Games/Wii/Puzzles/Fitness</p> <p>10am-11am Tai Chi w/ Ms. Whitmire</p> <p>11:30-12:15 Lunch</p> <p>12:30-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffle Board/Gym/Billiards</p>	<p>8:00-3:00 Gym on your own. 11</p> <p>09:30-10:15 Coffee & Socializing</p> <p>10:30-11:00 Movie/PJ Day</p> <p>11:30-12:15 Lunch</p> <p>12:30-1:00 Cards/Puzzles/ Billiards/Games/Wii/Senior Fitness</p>	<p>8:00-3:00 Gym on your own. 12</p> <p>09:30-10:15 Coffee & Socializing</p> <p>10:30-11:30 Hosted By Elliotte w/ Georgia</p> <p>Hospice Care </p> <p>11:30-12:15 Lunch</p> <p>12:30-1:00 Senior Fitness/Wii</p> <p>Valentines Day Celebration</p>	<p>8:00-3:00 Gym on your own. 13</p> <p>09:30-10:15 Coffee & Socializing</p> <p>10:00-11:00 Devotion (Optional) with Mr. McDuffie</p> <p>11:30-12:15 Lunch</p> <p>12:30-1:00 Senior Fitness/Wii</p>	<p>9:00-1:00 Gym on your own. 14</p> <p>FRIEND-DAY FRIDAY</p> <p>Drive-In</p> <p>09:00-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffleboard/Gym/Billiards</p> <p>Happy Valentines Day!</p>
<p>Center is Closed 17</p> 	<p>8:00-3:00 Gym on your own. 18</p> <p>09:30-10:15 Coffee & Socializing</p> <p>10:30-11:30 Exercise w/Dr. Brooke</p> <p>11:30-12:00 Lunch</p> <p>12:30-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffle Board/Gym/Billiards</p>	<p>8:00-3:00 Gym on your own. 19</p> <p>09:15-10:15 Coffee with a Deputy</p> <p>10:30-11:30 Paint and Sip </p> <p>11:30-12:00 Lunch</p> <p>12:30-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffle Board/Gym/Billiards</p>	<p>8:00-3:00 Gym on your own. 20</p> <p>09:30-10:15 Coffee & Socializing</p> <p>10:00-11:00 Devotion (Optional) with Mr. McDuffie</p> <p>11:30-12:15 Lunch</p> <p>12:30-1:00 Senior Fitness/Wii</p>	<p>9:00-1:00 Gym on your own. 21</p> <p>FRIEND-DAY FRIDAY</p> <p>Drive-In</p> <p>09:00-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffleboard/Gym/Billiards</p>

8:00-3:00 Gym on your own. **24**

FUNDAY MONDAY

09:30-11:15 Coffee & Socializing
Cards/Games/Wii/Puzzles/Fitness

10am-11am Tai Chi w/ Ms. Whitmire

11:30-12:15 Lunch

12:30-1:00 Cards/Games/Wii/
Puzzles/Fitness/Ping Pong/Shuffle
Board/Gym/Billiards

8:00-3:00 Gym on your own. **25**

09:30-10:15 Coffee &
Socializing

**10:00-11:00 Gail Jones Gospel
Singing**



11:30-12:15 Lunch

12:30-1:00 Cards/Games/Wii/
Puzzles/Fitness

08:00-3:00 Gym on your own. **26**

09:30-10:15 Coffee &
Socializing

10:30-11:00 BASE BALL

11:30-12:15 Lunch

12:30-1:00 Cards/Puzzles/
Billiards/Games/Wii/Senior
Fitness

8:00-3:00 Gym on your own. **27**

09:30-10:15 Coffee &
Socializing

10:00-11:00 Devotion

(Optional) with Mr. McDuffie

11:00-12:15 Lunch

EAT LUNCH OUT

9:00-1:00 Gym on your own. **28**

FRIEND-DAY FRIDAY

Drive-In

09:00-1:00 Cards/Games/Wii/
Puzzles/Fitness/Ping
Pong/Shuffleboard/Gym/Billiards

HAPPY BIRTHDAY!

Isaac McDuffie 2-9