Monday		NUMber   NUMber <th>4 THURSDAY</th> <th>FRIDAY - S:00-1:00 Gym on your own. <b>FRIEND-DAY FRIDAY</b> <b>Drive-In</b> 09:00-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffleboard/Gym/Billiards</th>	4 THURSDAY	FRIDAY - S:00-1:00 Gym on your own. <b>FRIEND-DAY FRIDAY</b> <b>Drive-In</b> 09:00-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffleboard/Gym/Billiards
8:00-3:00 Gym on your own. 4 FUNDAY MONDAY 09:30-11:15 Coffee & Socializing 10am-11am Tai Chi w/ Ms. Whitmire 11:30-12:15 Lunch 12:30-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffle Board/Gym/Billiards	8:00-3:00 Gym on your own. 5 09:30-11:15 Coffee & Socializing Cards/Games/Wii/Puzzles/Fitness 10:00 Tonya Bolton/MedLink 11:30-12:15 Lunch 12:30-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffle Board/Gym/Billiards	8:00-3:00 Gym on your own. 6 09:30-10:15 Coffee & Socializing 1000: Walking Our Way to the Holidays w/Ms. Suzie 11:30-12:00 Lunch 12:30-1:00 Cards/Games/Wii/ Puzzles/Fitness	8:00-3:00 Gym on your own. 7 09:30-10:15 Coffee & Socializing 10:00-11:00 Veteran Celebration & Devotion (Optional) with Mr. McDuffie 11:30-12:15 Lunch 12:30-1:30 Cards/G Puzzles/Fitness	9:00-1:00 Gym on your own. 8 FRIEND-DAY FRIDAY Drive-In 09:00-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffleboard/Gym/Billiards
Veterans Day CENTER IS CLOSED	8:00-3:00 Gym on your own. 12 09:30-10:15Coffee & Socializing 10:30-11:30 Banks Co. Interact Club 11:30-12:15 Lunch 12:30-1:00 Senior Fitness/Wii	8:00-3:00 Gym on your own. 13 09:30-10:15 Coffee & Socializing 1000: Walking Our Way to the Holidays w/Ms. Suzie 11:30-12:00 Lunch 12:30-1:00 Cards/Games/Wii/ Puzzles/Fitness	8:00-3:00 Gym on your own. <b>14</b> 09:30-10:15 Coffee & Socializing <b>10:00-11:00 Devotion</b> (Optional) with Mr. McDuffie EMS Health Screenings 11:30-12:15 Lunch 12:30-1:00 Senior Fitness/Wii	9:00-1:00 Gym on your own. 15 FRIEND-DAY FRIDAY Drive-In 09:00-1:00 Cards/Games/Wii/ Puzzles/Fitness/Ping Pong/Shuffleboard/Gym/Billiards

A L

1

		A DESCRIPTION OF A DESC		A State of the second s
8:00-3:00 Gym on your own. 18	8:00-3:00 Gym on your own. <b>19</b>	8:00-3:00 Gym on your own. <b>20</b>	8:00-3:00 Gym on your own. <b>21</b>	9:00-1:00 Gym on your own. 22
FUNDAY MONDAY	09:30-10:15 Coffee &	09:30-10:15 Coffee &	09:30-10:15 Coffee &	FRIEND-DAY FRIDAY
09:30-11:15 Coffee & Socializing	Socializing	Socializing	Socializing	Drive-In
10am-11am Tai Chi w/ Ms. Whitmire	10:30-11:30 Exercise w/Dr.	1000: Walking Our Way to the	10:00-11:00 Devotion	09:00-1:00 Cards/Games/Wii/
11:30-12:15 Lunch	Brooke	, <mark>Holidays w/Ms. Suzie</mark>	(Optional) with Mr. McDuffie	Puzzles/Fitness/Ping
12:30-1:00 Cards/Games/Wii/	11:30-12:00 Lunch	11:30-12:00 Lunch		Pong/Shuffleboard/Gym/Billiards
Puzzles/Fitness/Ping Pong/Shuffle	12:30-1:00 Cards/Games/Wii/	12:30-1:00 Cards/Games/Wii/	11:15-	r ong/onumeboard/Oym/Dimards
Board/Gym/Billiards	Puzzles/Fitness/Ping Pong/Shuffle	Puzzles/Fitness	Out To Eat for Lunch	
	Board/Gym/Billiards		Out to Eat for Lunch	
<u>&gt;</u>				
8:00-3:00 Gym on your own. 25	8:00-3:00 Gym on your own. 26	8:00-3:00 Gym on your own. <b>27</b>	28	29
8:00-3:00 Gym on your own. 25	8:00-3:00 Gym on your own. <b>26</b> 09:30-10:15 Coffee & Socializing	8:00-3:00 Gym on your own. <b>27</b> 09:30-10:15 Coffee & Socializing		29
FUNDAY MONDAY		09:30-10:15 Coffee & Socializing	28 CENTER IS CLOSED	29
	09:30-10:15 Coffee & Socializing	09:30-10:15 Coffee & Socializing 10:30-11:30 Cards/Puzzles/Games		29 CENTER IS CLOSED
FUNDAY MONDAY 09:30-11:15 Coffee & Socializing	09:30-10:15 Coffee & Socializing 10:00-11:00 Gail Jones Gospel	09:30-10:15 Coffee & Socializing		
FUNDAY MONDAY 09:30-11:15 Coffee & Socializing 10am-11am Tai Chi w/ Ms. Whitmire	09:30-10:15 Coffee & Socializing 10:00-11:00 Gail Jones Gospel Singing 11:30-12:15 Lunch 12:30-1:00 Cards/Games/Wii/	09:30-10:15 Coffee & Socializing 10:30-11:30 Cards/Puzzles/Games 11:30-12:15 Thanksgiving		
FUNDAY MONDAY 09:30-11:15 Coffee & Socializing 10am-11am Tai Chi w/ Ms. Whitmire 11:30-12:15 Lunch	09:30-10:15 Coffee & Socializing 10:00-11:00 Gail Jones Gospel Singing 11:30-12:15 Lunch	09:30-10:15 Coffee & Socializing 10:30-11:30 Cards/Puzzles/Games 11:30-12:15 Thanksgiving		
FUNDAY MONDAY 09:30-11:15 Coffee & Socializing 10am-11am Tai Chi w/ Ms. Whitmire 11:30-12:15 Lunch 12:30-1:00 Cards/Games/Wii/	09:30-10:15 Coffee & Socializing 10:00-11:00 Gail Jones Gospel Singing 11:30-12:15 Lunch 12:30-1:00 Cards/Games/Wii/	09:30-10:15 Coffee & Socializing 10:30-11:30 Cards/Puzzles/Games 11:30-12:15 Thanksgiving		